

**FUEL BAG CONTENTS
ALL INDIVIDUAL SERVING SIZE**

ELEMENTARY SCHOOLS

Most Used, Provided every week

Milk	8 oz. shelf stable milk (not powder milk) - Brands include Horizon, Hershey's, Natrel
Meat	Microwavable Meat Meals , Canned/Package Meat, Vienna Sausage
Cereal	
Fruit Cup	
Mac & Cheese	
Juice box	

Used as available to provide 12 items per fuel bag

- Granola/Fruit Bars**
- PB crackers**
- Fruit snacks/raisins**
- Pudding/jello cups**
- Jif-to-go**
- Propel/Gatorade**
- Popcorn**
- Ramen Noodles**
- Sweet Snack**

MIDDLE AND HIGH SCHOOLS

Most Used, Provided every week

Milk	8 oz. shelf stable milk (not powder milk) - Brands include Horizon, Hershey's, Natrel
Meat (2)	Microwavable Meat Meals , Canned/Package Meat, Vienna Sausage
Cereal	
Fruit Cup	
Mac & Cheese	
Juice box	
Ramen Noodles	

Used as available to provide 12 items per fuel bag

- Granola/Fruit Bars**
- PB crackers**
- Fruit snacks/raisins**
- Pudding/jello cups**
- Jif-to-go**
- Propel/Gatorade**
- Popcorn**
- Sweet Snack**